

## **Beverly Hills High School Athletic Department CONCUSSION (MTBI) POLICY**

In accordance with California state law, BHHS follows the following concussion prevention, treatment and return to play protocol. (CA State Law AB 2127)

1. Each student athlete in a collision or contact sport will be given a baseline cognitive and neurological oral and physical test at the beginning of the season. ( SCAT 5)
2. Each student and parent will complete and provide a signature for the online concussion education included in the medical clearance packet required by Beverly Hills High School.
3. Each coach on the Beverly Hills High School staff will complete the NFHS concussion training module at the beginning of each school year, complete with test and certificate.
4. When a student suffers what appears to be a head injury in practice or game, they will be removed and the appropriate medical personnel will evaluate for a concussion and this documentation will be included on file in the athletes medical injury file.
5. Parents of injured athletes will be notified via phone call, email or other written forms of the evaluation and recommendation.
6. Athletes who sustain a MTBI ( concussion) will be removed from play, referred to an appropriate medical provider, a medical doctor who specializes in concussion evaluation and treatment as per the requirement in state law.
7. Athletes who suffer a MTBI, will be monitored daily at school by the athletic trainer and all symptoms will be documented.
8. Once the athlete is not suffering any more daily symptoms and not on any medication, the athlete will begin a return to play protocol as outlined by state law and CIFSS. Athletes are not allowed to participate in practice, weight room, conditioning or games until they have completed the return to play protocol correctly.
9. Athletes, parents and coaches cannot go against or be in violation of the required return to play language. Thus return to play cannot be completed in less than 7 full school days.
10. Upon completion of the return to play protocol, as required by law, the athlete will need to obtain medical clearance to return to games prior to the game day. This clearance needs to be in writing and is ONLY VALID from an MD who specializes in concussions and sports injuries. That documentation will be kept on file.

**Listed below are the documents that are related to compliance with this policy.**

**CIFSS** <https://cifss.org/wp-content/uploads/2016/07/ReturnToPlayProtocolInformationLink.pdf>

<https://cifss.org/wp-content/uploads/2015/06/CIF-CONCUSSION-RETURN-TO-PLAY-PROTOCOL-4-21-15.pdf>

**CA. State Law**

[https://leginfo.ca.gov/faces/billNavClient.xhtml?bill\\_id=201320140AB2127](https://leginfo.ca.gov/faces/billNavClient.xhtml?bill_id=201320140AB2127)

**CDC Concussion Fact Sheet**

[https://www.cdc.gov/headsup/pdfs/custom/headsupconcussion\\_fact\\_sheet\\_for\\_parents.pdf](https://www.cdc.gov/headsup/pdfs/custom/headsupconcussion_fact_sheet_for_parents.pdf)

**SCAT 5 Form**

<https://bjsm.bmj.com/content/bjsports/early/2017/04/26/bjsports-2017-097506SCAT5.full.pdf>

**NFHS Concussion Education**

<https://nfhslearn.com/courses/61151/concussion-in-sports>

